

COMMUNITY WORK AND MENTAL HEALTH

Meeting of Friday, 24th January, 1986

The main aim of the meeting was to look at training needs of those present, but as there were only five of us there, we also discussed content for future meetings of the Community workers and Mental Health group.

It was suggested that a speaker should be invited to the next meeting, and that the focus of the meetings should alternate between information and support.

Topics, Themes for Future Meetings, Training Sessions

1. Implications of resettlement of people in the community.
2. Campaign for 'real' care.
3. How community care affects community workers.
4. Data protection issues around access to data, files etc.
5. Consumer power - how this influences constitutions etc.
6. Ways of linking community workers who want to learn about mental health, and other groups eg MIND who want to know more about community development.
7. Terminology - ways of altering language, and other 'signs'. How to change professionals, empowering consumers - change self image. Removal of myths. How can we have confidence to challenge and remove divisions and differences?

Why People come to Community Work and Mental Health Group

1. To learn about other practice/to get inspiration/meet people with different perspective.
2. To evaluate work
3. To know that other people are on same wavelength - not alone.
4. Contact with people working locally and to know about their 'problems', and whether they are the same - what are their views?
5. Information

Training Needs

Aspects of work that people have found difficult

1. Lacking information on rights.
2. Not knowing how far/how much power they have to act.

3. How to challenge peoples attitudes - timing is important.
4. Anxiety about doing harm.
5. Isolation - not knowing where to go for support.

Vision of cricket as community care°

Future for Group, and Aims

1. Support
2. Training for ourselves and other Greater Manchester Community Work Training Group members.
3. Influencing courses for C.P.N.'s etc.

Action

1. Follow up response from questionnaires (Cathy)
2. Check out wishes of previous attenders at group (Tony)
3. Invite outside speakers as stimulus for discussion.
 - a) Nurses at North Manchester General Hospital
 - b) Someone to lead discussion on language
 - c) Powell Street
 - d) Community Psychiatric Nurses

POSITIVE RESPONSES TO QUESTIONNAIRE ON MENTAL HEALTH

1. Esther Cooper - Crumpsall Care Group
2. Jill Rakinsen - Health Education Dept. North Manchester Health Authority.
3. Manchester Youth and Community Service.
4. Fran Burtonshaw, Mandy Robinson - Reddish Project
5. M. Sheldon - North Manchester Community Education
6. Jenny Anketell - Ring & Ride
7. Anne Catterson - Wolfenden Community Centre, Bolton
8. Peter & Irene Riley, Bolton
9. Surindar Nagra, Community Development, Manchester
10. Jane Cowell - Replan, Worsley
11. Susannah Wells, MCVS
12. Chris Trueblood, Cheetham Family Centre
13. Sue Curry, Warrington
14. Graham Holroyd, Powell Street.
15. Tony Riley, Manchester MIND
